# beurer MC3800



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#### **ENGLISH**

#### Dear customer,

Thank you for choosing one of our products. Our name stands for high-quality, thoroughly tested products for applications in the areas of beauty, heat, gentle therapy, blood pressure/diagnosis, weight, massage and air. Please read these instructions carefully and observe the information they contain.

With kind regards, Your Beurer Team

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#### Included in delivery

- Massage chair
- Back cushion
- Seat cushion
- Pillow

- Hand switch
- Battery set



#### ∕!\ WARNING

- The unit is only intended for domestic/private use, not for commercial use.
- This device may be used by children over the age of 8 and by people with reduced physical, sensory or mental skills or a lack of experience or knowledge, provided that they are supervised or have been instructed on how to use the device safely, and are fully aware of the consequent risks of use.
- Children must not play with the device.
- Cleaning and user maintenance must not be performed by children unless supervised.
- If the mains connection cable of this device is damaged, it must be replaced by the manufacturer, its customer service department or a similarly qualified person to avoid any risks.

#### Signs and symbols

The following symbols appear in the instructions for use and on the type plate:



#### Warning!

Warning instruction indicating a risk of injury or damage to your heath.



#### Caution!

Safety note indicating possible damage to the device/accessory.



#### Important!

Note indicating important information.



Only use in closed rooms.



Do not insert needles!

Cross-reference to another section.

#### 1. Intended use

The massage chair is intended for the purpose of massaging the back and legs.

Please observe the safety notes in these instructions for use.

Use the device only according to the methods specified.

The device is suitable only for private use and not for medical or commercial purposes.

### 2. Safety notes

- Read these instructions for use carefully. Non-observance of the following information may result in personal injury or material damage.
- Store these instructions for use in a safe place and make them accessible to all users.
- Make sure you include these instructions for use when handing over the device to third parties.

#### **Electric shock**



- As with every electrical device, use this massage chair carefully and cautiously in order to avoid hazards resulting from electric shock.
- Use the device only with the mains voltage specified on the device.
- Never use the device if it or any of the accessories show visible damage.
- Do not use the device if it was accidentally splashed with water.
- Do not use the device during a storm.
- Only use in closed rooms and avoid direct sunlight.
- In the event of defects or operational faults, switch off the device immediately. Pull the mains plug out of the socket.
- Never pull on the mains cable to remove the mains plug from the socket.
- Do not clamp or pinch the mains cable.
- Keep the mains cable away from hot surfaces.
- Ensure that the device, switch and cable do not come into contact with water, steam or other liquids.
- Use/operate the device only with dry hands.
- Do not subject the device to any impacts or drop the device.

#### Repairs



- Do not open the device.
- Only specialist personnel may perform repairs on electrical devices. Improper repairs may subject users to
  considerable danger. For repairs, please contact Customer Service or an authorised retailer. Failure to do so
  invalidates the warranty.
- The zip fastening beneath the cover must not be opened. It is only used for technical production reasons.
- Do not insert needles or other sharp objects into the chair.

#### Risk of fire



There may be a risk of fire if the device is used improperly or these instructions for use are ignored!

- Ensure that the vents are free at all times. Always keep the vents free from dust, hair etc.
- Do not use the device together with other electrical devices (e.g. electric blanket).
- Never use the device near petrol or other highly flammable substances.

#### Operation



This device is exclusively intended to massage the back and legs of humans.

It cannot replace medical treatment. Do not use the massager if one or several of the following warnings applies to you.

#### Do not use the massager

- if you suffer from a medical abnormality or injury to your back (e.g. slipped disc)
- During pregnancy
- While sleeping
- On animals
- Whilst undertaking any activity where an unexpected reaction could be dangerous
- After the consumption of substances that lead to limited cognitive ability (e.g. pain medication, alcohol) If you are unsure whether the massager is suitable for you, please consult your doctor.

#### You should consult your doctor before using the massager

- If you suffer from a severe illness or recently had surgery on your upper body
- If you have a pacemaker, implant or other aids
- Thromboses
- Diabetes
- If you are suffering pain and the cause of which is unknown.
- The device is only intended for the purpose described in these instructions for use. The manufacturer is not liable for damage resulting from improper or careless use.
- Do not touch the massage mechanism or the rollers with your hands during operation; there is a danger of crushing.
- Do not insert any objects in the device apertures or in the rotating parts. Ensure that the moving parts can move freely at all times.
- Always switch off the device at the main switch after use.
- Ensure that the mains cable does not pose a trip hazard.
- Never stand on the device or place any objects on the device.
- Never massage areas that exhibit swellings, infections or eczema.
- Do not use the device in the event of inexplicable stomach ache.
- Only one person may use the massage chair at any given time.
- Never load the device with more than 150 kg.

## ( Caution!

- Do not expose the device to direct sunlight.
- Do not use the device at temperatures above 40°C.
- Check the function of the device if it has not been used for a longer period of time.

### 3. Getting to know your device

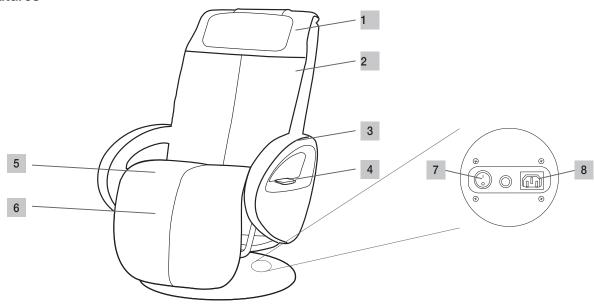
You can enjoy your own massage at home with the Beurer MC3800 massage chair.

There are three massage programmes that focus on different areas.

In addition, the massage chair also features a vibration massage in the seat and calf area.

### 4. Unit description

#### **External features**



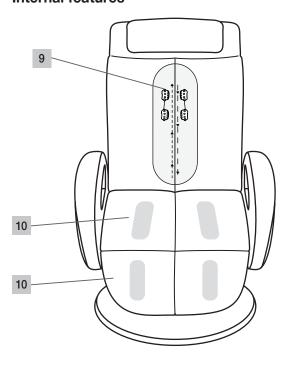
- 1 Pillow
- 4 Hand switch with battery compartment 7 Main switch

- 2 Back rest
- 5 Seat cushion

8 Mains socket

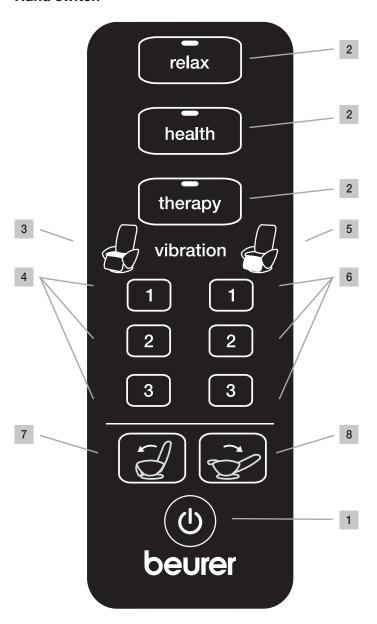
- 3 Arm rest
- 6 Leg rest

#### **Internal features**



- 9 Massage rollers
- 10 Vibration massage points

#### Hand switch



- 1 On/off button
- 2 Automatic massage programmes
- 3 Vibration massage in seat
- 4 Vibration massage intensity
- 5 Vibration massage in the calf area
- 6 Vibration massage intensity
- Back rest upwards and leg rest downwards
- Back rest downwards and leg rest upwards

#### Hand switch button functions

#### On/off button



> Press the on/off button

After being switched on, the back rest reclines and the leg rest is raised.

### Massage programmes

- Once the massage programme has finished, the massage chair remains in the position set by you.
- The massage can be stopped at any time. Press the on/off button for this.

The LEDs signal the currently set massage programmes relax, health and therapy.

#### **Automatic massage programmes**

There are three automatic massage programmes – relax, health and therapy.

These automatic programmes massage your entire back with a combination of kneading, tapping, rolling and Shiatsu massage elements.

#### relax



#### > Press the **relax** button

The automatic massage programme starts.

Total duration: 15 minutes. The massage chair then remains in the position set by you.

#### health



#### > Press the **health** button

The automatic massage programme starts.

Total duration: 15 minutes. The massage chair then remains in the position set by you.

#### therapy

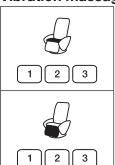


#### > Press the **therapy** button

The automatic massage programme starts.

Total duration: 15 minutes. The massage chair then remains in the position set by you.

#### Vibration massage; intensity



There are three settings for the vibration massage in the seat area.

1 (low) / 2 (medium) / 3 (high)

There are three settings for the vibration massage in the foot area.

1 (low) / 2 (medium) / 3 (high)



The vibration massage functions independently of the massage programmes.

To allow this, the On/Off button must be activated and the current massage programme deactivated.

#### Vibration massage / deactivation

You can deactivate the vibration massage by pressing the intensity button again.

Pressing the intensity button once activates the vibration massage; pressing the same button again deactivates it.

#### Position buttons for upright and flat position

The functions are available when a massage programme is on or off.

#### Back rest upwards and leg rest downwards



- > Press the position button.
- > Press the position button again.

The back rest and leg rest stay in the current position.

#### Back rest downwards and leg rest upwards



- > Press the position button.
- > Press the position button again.

The leg rest and back rest stay in the current position.

#### 5. Initial use



#### Warning!

- Keep packaging material away from children!
   There is a choking hazard.
- Before using the device for the first time, read the safety notes in the Safety section.
  - ⊳ Safety, pages 14 to 15

### ⚠ Caution!

• The massage chair could damage your flooring. Place a suitable, non-slip underlay under the massage chair.

#### **Installation location**

- Install the massage chair on a sturdy and even surface.
- Before using the device for the first time, remove all obstacles in front of and behind the massage chair so that the back rest can be lowered and the leg rest raised freely.

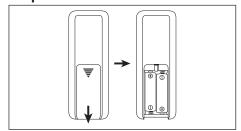
#### **Unpacking and assembly**

The massage chair MC3800 is delivered in a cardboard box.



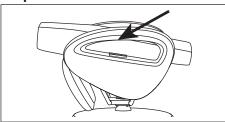
Do not use sharp or pointed tools (Stanley knife) to remove the packaging.

#### Step 1



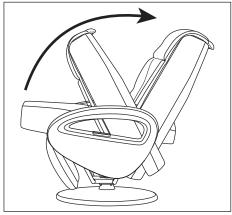
> Insert 2 AAA batteries in the hand switch according to the markings.

#### Step 2



- > Open the cardboard box and hold the massage chair at the designated holding points
- > Remove the chair from the cardboard box
- 2 persons are required for this.
- >Carefully remove all the packaging material

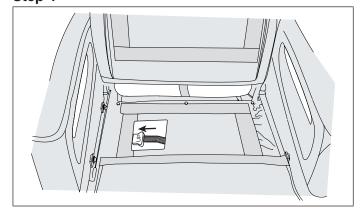
#### Step 3



> Unfold the back rest to the upright position until the locking mechanism audibly engages.

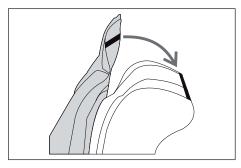
The back rest now stands at approx. 115°.

#### Step 4



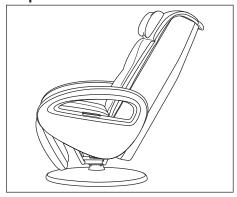
- > Plug in the plug attached to the coil spring in accordance with the diagram.
- > Fold the seat cushion backwards against the back rest

#### Step 5



- > Connect the lower end of the back cushion and the lower end of the seat cushion using the zip fastening
- > Lay the seat cushion with the back cushion on the massage chair over the back rest and attach beneath the seating surface using the hook and loop fastener provided.
- > Connect the back cushion and the back rest using the zip fastening

#### Step 6



- > Plug the mains plug into a socket
- > Switch on the main switch in the foot area
- > Switch on the massage chair at the on/off button on the hand switch The massage chair is now ready for operation.

#### 6. Operation



#### Warning!

- Before using the device for the first time, read the safety notes in the Safety section.
  - Safety, pages 14 to 15

#### **Danger of tipping!**

• Sit down carefully on the chair and only when it is in the upright position. Never sit down on the chair when it is in the flat position.



#### Caution!

• If you experience irritations of any kind, stop treatment immediately.



#### Important!

• Never remove the back cushion during the massage.

#### Before switching on

- Wear comfortable clothes during the massage.
- Remove all objects from your trouser pockets (e.g. keys, pocket knife, mobile phone).
- Assume a comfortable, relaxed position.
- Always sit in the middle of the seat so that your spine is positioned precisely between the massage rollers.
- The massage should feel pleasant and relaxing at all times. If the massage is painful or uncomfortable, stop the massage or change your sitting position.
- If the device has not been used for a longer period of time, check that the device is functioning correctly before use.

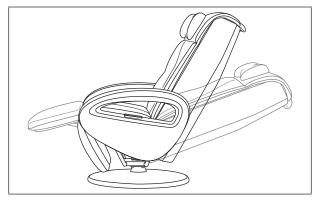
#### Starting the massage

> Press the on/off button on the hand switch

After being switched on, the back rest reclines and the leg rest is raised. At the same time, the entire back is scanned to determine the size of the user. The **relax** massage programme is activated after the user's back has been scanned.

- Press the vibration intensity button in order to adjust or switch off the intensity of the vibration massage in the seat or foot area.
- The vibration massage can be switched on or off separately for the seat and feet.

#### Flat position/upright position



> Put the massage chair in the flat position
The back rest and leg rest can be raised or lowered.
The functions are available when a massage programme is

It is not necessary to activate the On/Off button to do this.

Position buttons for upright and flat position

#### Switching off the massage chair

After a massage programme is finished, the chair automatically switches off. The current position of the massage chair is maintained.

on or off.

The position can be changed using the Position button.

By pressing the On/Off button again, the relax massage programme is restarted.

The massage chair returns to the start position if the On/Off button is pressed twice.



Do not use the device for longer than 15 minutes at a time otherwise the device could overheat. Allow the device to cool for at least 30 minutes before using it again.

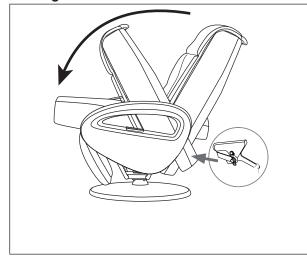
During the massage, you can switch off the device at any time using the on/off button.

The massage chair returns to the start position.

- > Switch off the massage chair using the main switch beneath the back rest.
- > Pull the mains plug out of the socket

#### Additional settings, operating options

#### Folding mechanism



The massage chair can be folded away to save space when stored.

> Switch off the hand switch at the on/off button.

The massage chair returns to the start position.

- > Once the chair has reached the start position, switch off the massage chair using the main switch
- > Pull the mains plug from the socket
- > Open the seat cushion towards the front.
- > Unplug the plug attached to the coil spring, see step 4.
- > Release the locking mechanism at the back of the back rest at the bottom
- > Carefully push the back rest forwards on to the seat If required, lay the back rest cushion back over the back rest before doing so

### 7. Maintenance and storage



- The device must be switched off at the main switch after every use and before cleaning.
- Pull the mains plug out of the socket.
- > Wipe the massage chair from time to time with a dry, lint-free or slightly damp cloth.
- > Every two to three months, wipe the chair using a clean cloth with a small amount of care product for artificial leather.
- > Afterwards, dry the chair with a clean, dry cloth

Artificial leather is sensitive to grease. Clean the massage chair only using care products designated for artificial

#### leather.

# i Important!

- Clean the device using only the methods specified.
- Under no circumstances may liquid enter the device.
- Do not use any solvent-based cleaning products.
- Do not use aggressive cleaning products. These can damage the surface.
- > Folding mechanism, see above

### 8. What if there are problems

Problem	Cause	Solution
Grinding noises during operation.	These noises are normal and originate from the operating motor or from the massage rollers rubbing against the cushion.	No action is necessary.
The massage cannot be started.	The mains plug is not connected to the socket.	Plug the mains plug into the socket.
	The massage chair is not switched on at the main switch.	Switch on the massage chair at the main switch.
	The cutout switch for the massage chair has interrupted the power supply.	In this case, please contact Customer Service.
Back rest and leg rest can- not be raised or lowered.	Back rest and leg rest are overloaded or blocked.	Remove the objects blocking the device.
The massage function stops when the chair is	The overheating protection was triggered.	Switch off the massage chair and allow to cool down for 30 minutes before switching on again.
in operation.	The maximum operation period was reached.	
Hand switch does not work	Hand switch is not configured to the massage chair	To configure the hand switch, point it towards the bottom half of the back rest. It should be no more than 40 cm away.  Press the On/Off button on the hand switch until the LED above the relax massage programme lights up. After approximately 3-4 seconds, LED 4 starts to flash and then switches off. The hand switch is now configured and ready for use.

### 9. Technical Data

Product description	Massage chair MC3800
Mains voltage/frequency	220-240 V ~ 50/60 Hz
Energy consumption	120 W
Dimensions (in flat position)	Length 162 cm, width 73 cm, height 76 cm
Weight	Net 50,5 kg, with packaging 60,4 kg
Maximum load capacity	150 kg

### 10. Disposal

Observe the local regulations for material disposal. Dispose of the unit in accordance with EC Directive 2002/96/EC – WEEE (Waste Electrical and Electronic Equipment).



If you have any questions, please contact the local authorities responsible for waste disposal.

### 11. Warranty and service

In the event of a warranty claim or service case, please contact Customer Services in your respective country. You can find the address in the enclosed address list.